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**Presents**

## Open 24 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

This event is a **SPOCO SE** Group 2 qualifying event.

### Result Sheet

**Date** – Sunday 9 August 2009

**Course** - E22/24

**HQ** - Birch Village Hall, Birch, Colchester, Essex

**Time** - 0800am

#### Event Secretary

Julian Stock  
34 Broadlands Way  
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[Jstock1@sky.com](mailto:Jstock1@sky.com)

#### Timekeepers

Geoff Keeble – Colchester Rovers  
Dick Spanton – Essex Roads CC

#### Prize winners and categories

1<sup>st</sup> – Peter Balls – West Suffolk Wheelers - £40

2<sup>nd</sup> – Darren Frostick – VC Revolution - £35

3<sup>rd</sup> – Colin Wilgress – Essex Roads CC - £30

4<sup>th</sup> – Andrew Leggett – Stowmarket & District CC - £25

5<sup>th</sup> – Antony Stapleton – Chelmer CC - £20

Fastest Vet – Phil Jarvis (vice Peter Balls) – Colchester Rovers CC - £10

Fastest Lady – Giselle Devlin – Essex Roads CC - £10

Fastest Junior – Kuruparan Kukathasan – Essex Roads CC - £10

Fastest team of 3 – VC Revolution (J Bonnyhood/M Naulls/ P Dewberry) – £10 each.

**One prize per rider.**

VC Revolution Cycling Club Est. 2007  
[www.vcrevolution.co.uk](http://www.vcrevolution.co.uk)

Club Secretary: Alan Lawrence, 42 Haddon Park, Colchester, Essex CO1 2GX



## Runners and Riders

No.	Name	Club / Team	Cat	Time
1	Peter Balls	West Suffolk Wheelers	V	53.30
2	Darren Frostick	VC Revolution	V	55.17
3	Colin Wilgress	Essex Roads CC	S	55.58
4	Andrew Leggett	Stowmarket & District CC	S	56.41
5	Antony Stapleton	Chelmer CC	V	57.01
6	Phil Jarvis	Colchester Rovers CC	V	58.01
7	Jason Chester	Essex Roads CC	V	58.17
8	David West	Amis Velo	V	58.20
9	David Bryant	Southend Wheelers	S	58.29
10	Simon Ginger	Shaftesbury CC	V	58.33
11	John Iszatt	API Metro	V	58.46
12	Adrian Manley	Colchester Rovers CC	V	58.58
13	Roy Young	Born 2 Tri	V	59.05
14	Nick Webber	Colchester Rovers CC	V	59.26
15	John Bonnyhood	VC Revolution	V	59.51
16	Jim Reed	Colchester Rovers CC	V	59.57
17	Mike Naulls	VC Revolution	S	1.00.27
18	Paul Dewberry	VC Revolution	V	1.00.42
19	Nicholas Hay	Verulam CC	V	1.00.45
20	Mark Lloyd	Colchester Rovers CC	S	1.00.48
21	Simon Daw	CC Sudbury	V	1.01.00
22	Stephen McDonald	Maldon & District CC	V	1.01.11
23	Garry Barton	Chelmer CC	V	1.01.13
24	Owen Bannister	VC Revolution	S	1.01.17
25	John Golder	Chelmer CC	V	1.02.26
26	Ken Baker	Colchester Rovers CC	V	1.02.35
27	Chris Regan	Chelmer CC	V	1.02.40
28	Barry Page	Hertfordshire Wheelers	V	1.02.44
29	Paul Sexton	Maldon & District CC	V	1.02.52
30	Giselle Devlin	Essex Roads CC	LV	1.05.04
31	Jeff Wharton	Lotto Olympia Team Interbike	S	1.05.15
32	Charlotte Hornett	Chelmer CC	L	1.06.04
33	David Miesner	Shaftesbury CC	V	1.06.30
34	Simon Carson	Amis Velo	V	1.07.04
35	David Martin	Essex Roads CC	V	1.07.19
36	John Sanderson	Beacon Roads CC	S	1.07.46
37	Karthic Kukathasan	Becontree Wheelers CC	S	1.11.54
38	Carrie Hook	Colchester Rovers CC	L	1.12.36
39	Robin Johnson	Brighton Mitre CC	V	1.16.22
40	Kuruparan Kukathasan	Essex Roads CC	Jun.	1.24.42
	Matt Shingleton	Born 2 Tri	S	DNS
	Paul Smith	PCA Ciclos Uno	V	DNS apol.
	Christopher Tomkins	Hainault RC	V	DNS apol.
	Jacqui Kinch	Churnet Valley Velo	LV	DNS
	Helen Boatman	Team Milton Keynes	L	DNS apol.
	Pat Kinch	Churnet Valley Velo	V	DNS



## Acknowledgments to sponsors

**VC Revolution – Thomas' Cycle Revolution / Intechnology / Air Options**  
**API Metrow – Silverhook Chemicals**  
**Amis Velo – Solo Scaffolding**  
**Lotto Olympia Team Interbike**  
**PCA Ciclos Uno**  
**Stowmarket & District CC – Porsche Autostrasse / Orbea Cycles**  
**Churnet Velo – Churnet Valley Veterinary Clinic**

## Comment

On behalf of VC Revolution, I would like thank you all for entering and riding our event this year. After all, a bike race is nothing without its competitors. We had a nice warm sunny morning and the course record was duly obliterated.

Congratulations go to Peter Balls (West Suffolk Wheelers) for a fine win and setting a new course record, to Giselle Devlin (Essex Roads CC) for winning the ladies award and to Kuruparan Kukathasan (Essex Roads CC) for winning the junior award. Phil Jarvis (Colchester Rovers) picks up the fastest vet award on the one-rider-one-prize rule. Finally, congratulations go to my clubmates (John Bonnyhood, Mike Naulls and Paul Dewberry) of VC Revolution for winning the team award.

I hope everyone enjoyed this event. I would be grateful to receive any positive or negative feedback regarding the course or race organisation and this will be taken on board. I hope to see you all again next year.

My grateful thanks go to the following people who helped to make this event possible;

Geoff Keeble (Colchester Rovers) and Dick Spanton (Essex Roads CC) for their timekeeping.

Rob Kemp, Dominic Glanz, Shane Chapman, Brett Travers and Richard Norris for carrying out their marshalling duties so efficiently.

Darren Frostick for carrying out a recce or two of the course beforehand.

Sarah Travers, Brenda Norris and Paul Dewberry for supplying cakes.

Liz Jones for the photographs.

Alan Lawrence for the administration.

Louise Stock (my very understanding wife) and Tracy Norris for their catering duties.

Humble apologies if I have forgotten anyone.

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